

INSPIRE

Description

An immersion in the great outdoors punctuated by collaborative workshops based on the collective intelligence of the participants and the positive energy of the environment. A unique experience in a rejuvenating context that encourages your team to (re)connect. An approach that aims to improve the balance between efficiency and pleasure at work.

Objectives

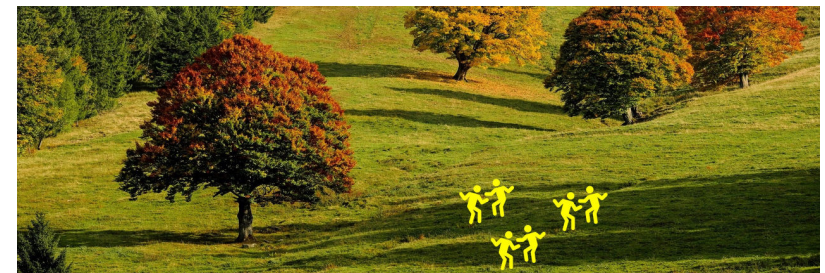
- Build trust through authenticity & sharing
- Develop an active listening posture
- Cultivate the spirit of openness and non-judgment
- Connect yourself to your body & your spirit / myself & others

Human relationships developed

- Communication
- Collaboration
- Collective intelligence

Specific skills & behaviours

- Trust and confidence
- Assertivity
- Listening
- Letting go



INFORMATIONS



From 4 to 12 participants
1 team



Outdoors



From 3 to 4 hours



Countryside, mountain, forest, etc...



All year long



Specific clothing adapted to season
& weather

hors TVA 7,7%

Price & quotation on request

INCLUDED

- Equipment
- Supervision and animation
- Debriefing
- Organisation

NOT INCLUDED

- Mineral water
- Food