

WARM-UP

Description

Provide a breath of fresh air that stimulates participants to become agents of change from being an observer to that of an influencer. The group is experimenting with co-creative Icebreaker type activity by videoconference or face-to-face.

Objectives

- Strengthen the feeling of belonging, the self-confidence and confidence in others
- Encourage spontaneity and stimulate the practice of collective intelligence

Human relationships developed

- Communication
- Collaboration
- Collective intelligence

Specific skills & behaviours

- Trust
- Spontaneity
- Letting go



INFORMATION



From 5 to 30 participants
Teams from 4 to 6 persons



Indoor or outdoor



From 20 to 90 minutes



By video conference or face
to face (venue of your choice)



All year long



No specific dress code

without VAT 7,7%

Price & quotation on request

INCLUDED

- Supervision and animation
- Debriefing
- Organisation

NOT INCLUDED

- Videoconference system
- Venue rental
- Tables